

LiveSmart BC's Top 10 Tips for Youth

1. Get an early start on driving less: walk, cycle or take the bus to school.
2. During the winter months, take advantage of a natural source of heat by opening curtains on sunny days.
3. Keep your curtains closed in the summer months to keep cool.
4. When you are cleaning up after a meal, wash your dishes in cold water when possible.
5. Use cold water when you wash your clothes, and consider hanging your clothes to dry.
6. You don't have to take a cold shower, but you can try to take shorter showers.
7. Recycle as much waste as possible. Once you have that down, try to buy products that are recyclable and those that have recycled packaging.
8. Compost organic waste whenever possible. Check out worm composters if you live in an apartment.
9. Recycle or donate old electronics instead of throwing them in the landfill.
10. If you help your parents with yard work, save energy by using a rake and a manual lawn mower instead of gas-powered leaf blowers and lawn mowers.

