

Doping (Elementary)

Grade Level(s)

4-7

Subject Area(s)

Health Education

Links to Vancouver 2010 Education Program Component(s)

Sports and Healthy Living, Olympism

Activity Description

In teams, students make a list of substances banned by the International Olympic Committee and analyze the physical and psychological consequences of those substances. Grade students could emphasize the potential consequences of using those banned substances. Grade 7 students could list the consequences and offer alternative solutions for preventing the use of those substances.

Learning Outcomes

Students will be able to:

- describe the potential consequences of tobacco, alcohol and drug use for themselves and others;
- describe healthy behaviour that could offer alternative solutions to drug addiction.

Resources Needed

Paper

Pencils

Computers

Internet connection

Duration of Activity

Two periods of 50 minutes

Cognitive and Affective Domains

Cognitive – Knowledge

Affective - Receiving

Assessment Strategy

Teachers can evaluate team work and the research contribution of each student.

Suggestions:

- self-evaluation;
- evaluate the tasks completed by the students as part of a team.

